



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Andrä, Mario

Club: Laufftreff Breitungen

Number: 76

Course: 13.00 km

Mittelstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:03:22

Speed: 12.31 km/h

Running performance: 4:52 min/km

Rank in course/Total: 31 (of 90)

Rank in course/Men: 30 (of 67)

Best time in course: 53:46

Rank in category: 5(of 11)

Best time in the category: 53:58