



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Enge, Uwe

Club: TSG Ruhla/RSV03

Number: 16

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:05:34

Speed: 11.90 km/h

Running performance: 5:02 min/km

Rank in course/Total: 36 (of 90)

Rank in course/Men: 32 (of 67)

Best time in course: 53:46

Rank in category: 3(of 10)

Best time in the category: 1:01:23