



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Schneider, Edmund

Club: Bad Hersfeld

Number: 52

Course: 13.00 km

Mittelstrecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:12:32

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 58 (of 90)

Rank in course/Men: 49 (of 67)

Best time in course: 53:46

Rank in category: 7(of 7)

Best time in the category: 57:32