



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Wolter, Steffen

Club: RennsteigSpirit

Number: 60

Course: 13.00 km

Mittelstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:14:55

Speed: 10.41 km/h

Running performance: 5:46 min/km

Rank in course/Total: 63 (of 90)

Rank in course/Men: 53 (of 67)

Best time in course: 53:46

Rank in category: 9(of 13)

Best time in the category: 58:40