



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Rattmann, Ellen

Club: FSV 1950 Gotha ev.

Number: 47

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:09

Speed: 10.38 km/h

Running performance: 5:47 min/km

Rank in course/Total: 64 (of 90)

Rank in course/Women: 11 (of 23)

Best time in course: 1:00:01

Rank in category: 3(of 6)

Best time in the category: 1:03:52