



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Poller, Peter

Club: Laufftreff Breitungen

Number: 42

Course: 13.00 km

Mittelstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:15:17

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 66 (of 90)

Rank in course/Men: 55 (of 67)

Best time in course: 53:46

Rank in category: 10(of 13)

Best time in the category: 58:40