



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Temmler, Silke**

Club: SV Normania Treffurt

Number: 64

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:15:31

Speed: 10.33 km/h

Running performance: 5:49 min/km

Rank in course/Total: 68 (of 90)

Rank in course/Women: 13 (of 23)

Best time in course: 1:00:01

Rank in category: 4(of 6)

Best time in the category: 1:03:52