



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Heintze, Sandra**

Club: Hainichläufer

Number: 27

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:18:39

Speed: 9.92 km/h

Running performance: 6:03 min/km

Rank in course/Total: 75 (of 90)

Rank in course/Women: 15 (of 23)

Best time in course: 1:00:01

Rank in category: 3(of 4)

Best time in the category: 1:04:33