



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Bechstein, Michael

Club: Sonntagsläufer Tambach-Dietharz

Number: 4

Course: 13.00 km

Mittelstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:22:59

Speed: 9.40 km/h

Running performance: 6:23 min/km

Rank in course/Total: 79 (of 90)

Rank in course/Men: 62 (of 67)

Best time in course: 53:46

Rank in category: 13(of 13)

Best time in the category: 58:40