



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Gelbert, Gerwid**

Club: Löhnberg

Number: 98

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 1:23:48

Speed: 9.31 km/h

Running performance: 6:27 min/km

Rank in course/Total: 82 (of 90)

Rank in course/Women: 18 (of 23)

Best time in course: 1:00:01

Rank in category: 4(of 5)

Best time in the category: 1:05:13