



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Schudera, Karin

Club: SSV Bad Salzungen

Number: 87

Course: 13.00 km

Mittelstrecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:29:56

Speed: 8.67 km/h

Running performance: 6:55 min/km

Rank in course/Total: 88 (of 90)

Rank in course/Women: 22 (of 23)

Best time in course: 1:00:01

Rank in category: 6(of 6)

Best time in the category: 1:03:52