



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Lesser, Steffen

Club: Bosch Eisenach

Number: 163

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:39:10

Speed: 12.77 km/h

Running performance: 4:42 min/km

Rank in course/Total: 10 (of 55)

Rank in course/Men: 10 (of 41)

Best time in course: 1:19:47

Rank in category: 2(of 5)

Best time in the category: 1:34:08