



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Meyer, Olaf

Club: FSV 1950 Gotha ev.

Number: 189

Course: 21.10 km

Halbmarathon

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:39:16

Speed: 12.69 km/h

Running performance: 4:42 min/km

Rank in course/Total: 11 (of 55)

Rank in course/Men: 11 (of 41)

Best time in course: 1:19:47

Rank in category: 2(of 9)

Best time in the category: 1:37:46