



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Fischer, Sebastian**

Club: Schleusingen

Number: 153

Course: 21.10 km

Halbmarathon

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:41:05

Speed: 12.46 km/h

Running performance: 4:47 min/km

Rank in course/Total: 13 (of 55)

Rank in course/Men: 13 (of 41)

Best time in course: 1:19:47

Rank in category: 2(of 2)

Best time in the category: 1:26:08