



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Fallenstein, Bernd

Club: RTV-Haselgrund

Number: 185

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:42:44

Speed: 12.26 km/h

Running performance: 4:52 min/km

Rank in course/Total: 15 (of 55)

Rank in course/Men: 15 (of 41)

Best time in course: 1:19:47

Rank in category: 4(of 9)

Best time in the category: 1:35:52