



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Herz, Marco**

Club: Bischofroda

Number: 177

Course: 21.10 km

Halbmarathon

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:45:41

Speed: 11.92 km/h

Running performance: 5:01 min/km

Rank in course/Total: 19 (of 55)

Rank in course/Men: 19 (of 41)

Best time in course: 1:19:47

Rank in category: 3(of 5)

Best time in the category: 1:19:47