



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Metzing, Aline

Club: SV Mihla

Number: 178

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 1:49:13

Speed: 11.54 km/h

Running performance: 5:11 min/km

Rank in course/Total: 25 (of 55)

Rank in course/Women: 1 (of 14)

Best time in course: 1:49:13

Rank in category: 1(of 3)

Best time in the category: 1:49:13