



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Senf, Michael

Club: SV Blau Weiß Kreuzburg

Number: 183

Course: 21.10 km

Halbmarathon

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:51:01

Speed: 11.35 km/h

Running performance: 5:16 min/km

Rank in course/Total: 28 (of 55)

Rank in course/Men: 26 (of 41)

Best time in course: 1:19:47

Rank in category: 4(of 5)

Best time in the category: 1:34:08