



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Portwig, Ansgo

Club: ohne

Number: 173

Course: 21.10 km

Halbmarathon

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:53:50

Speed: 11.07 km/h

Running performance: 5:23 min/km

Rank in course/Total: 31 (of 55)

Rank in course/Men: 29 (of 41)

Best time in course: 1:19:47

Rank in category: 1(of 1)

Best time in the category: 1:53:50