



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Gelbert, Bruno

Club: Lönberg

Number: 205

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:54:47

Speed: 10.98 km/h

Running performance: 5:26 min/km

Rank in course/Total: 32 (of 55)

Rank in course/Men: 30 (of 41)

Best time in course: 1:19:47

Rank in category: 4(of 6)

Best time in the category: 1:39:26