



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Grohmann, Jörg

Club: LTV Erfurt

Number: 158

Course: 21.10 km

Halbmarathon

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:03:19

Speed: 10.22 km/h

Running performance: 5:50 min/km

Rank in course/Total: 42 (of 55)

Rank in course/Men: 35 (of 41)

Best time in course: 1:19:47

Rank in category: 9(of 9)

Best time in the category: 1:35:52