



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Heyer, Ina

Club: SSV Bad Salzungen

Number: 192

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:04:02

Speed: 10.16 km/h

Running performance: 5:53 min/km

Rank in course/Total: 43 (of 55)

Rank in course/Women: 8 (of 14)

Best time in course: 1:49:13

Rank in category: 1(of 4)

Best time in the category: 2:04:02