



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Pennewiß, Jan

Club: Bad Tennstedt

Number: 171

Course: 21.10 km

Halbmarathon

Category:

Männer (20-29 Jahre)

Total time: 2:14:12

Speed: 9.39 km/h

Running performance: 6:22 min/km

Rank in course/Total: 50 (of 55)

Rank in course/Men: 39 (of 41)

Best time in course: 1:19:47

Rank in category: 4(of 4)

Best time in the category: 1:24:18