



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Trautmann, Katrin

Club: TLC Mühlhausen

Number: 197

Course: 21.10 km

Halbmarathon

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 2:16:20

Speed: 9.24 km/h

Running performance: 6:28 min/km

Rank in course/Total: 54 (of 55)

Rank in course/Women: 14 (of 14)

Best time in course: 1:49:13

Rank in category: 4(of 4)

Best time in the category: 2:04:02