



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Föhr, Eckard

Club: SC Impuls Erfurt

Number: 194

Course: 21.10 km

Halbmarathon

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:22:19

Speed: 8.90 km/h

Running performance: 6:44 min/km

Rank in course/Total: 55 (of 55)

Rank in course/Men: 41 (of 41)

Best time in course: 1:19:47

Rank in category: 6(of 6)

Best time in the category: 1:39:26