



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Müller, Uwe

Club: ESW-Oberdünzsbach

Number: 261

Course: 6.00 km

Kurzstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 25:15

Speed: 14.26 km/h

Running performance: 4:13 min/km

Rank in course/Total: 4 (of 37)

Rank in course/Men: 3 (of 20)

Best time in course: 21:07

Rank in category: 1(of 4)

Best time in the category: 25:15