



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Surber, Silke

Club: Jena

Number: 278

Course: 6.00 km

Kurzstrecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 29:09

Speed: 12.35 km/h

Running performance: 4:52 min/km

Rank in course/Total: 14 (of 37)

Rank in course/Women: 4 (of 17)

Best time in course: 25:14

Rank in category: 1(of 3)

Best time in the category: 29:09