



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Rödiger, Anne-Kathrin

Club: SV Wartburgstadt / Triathlon

Number: 273

Course: 6.00 km

Kurzstrecke

Category:

Frauen (20-29 Jahre)

Total time: 31:33

Speed: 11.41 km/h

Running performance: 5:16 min/km

Rank in course/Total: 19 (of 37)

Rank in course/Women: 7 (of 17)

Best time in course: 25:14

Rank in category: 2(of 4)

Best time in the category: 25:57