



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Tiffert, Nadine

Club: Diedorf

Number: 270

Course: 6.00 km

Kurzstrecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 31:39

Speed: 11.37 km/h

Running performance: 5:17 min/km

Rank in course/Total: 20 (of 37)

Rank in course/Women: 8 (of 17)

Best time in course: 25:14

Rank in category: 4(of 4)

Best time in the category: 26:14