



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Gräf, Walter

Club: Ski-Nordisch-Tabarz

Number: 282

Course: 6.00 km

Kurzstrecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 31:55

Speed: 11.28 km/h

Running performance: 5:19 min/km

Rank in course/Total: 21 (of 37)

Rank in course/Men: 13 (of 20)

Best time in course: 21:07

Rank in category: 1(of 2)

Best time in the category: 31:55