



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Gebhardt, Michael**

Club: MTV 1860 Erfurt

Number: 286

Course: 6.00 km

Kurzstrecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 32:24

Speed: 11.11 km/h

Running performance: 5:24 min/km

Rank in course/Total: 23 (of 37)

Rank in course/Men: 14 (of 20)

Best time in course: 21:07

Rank in category: 1(of 1)

Best time in the category: 32:24