



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Hartung, Dieter

Club: Eisenach

Number: 255

Course: 6.00 km

Kurzstrecke

Category:

Senioren M65 (65-69 Jahre)

Total time: 34:08

Speed: 10.55 km/h

Running performance: 5:41 min/km

Rank in course/Total: 25 (of 37)

Rank in course/Men: 15 (of 20)

Best time in course: 21:07

Rank in category: 2(of 2)

Best time in the category: 31:55