



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Teuteberg, Alexander

Club: Bosch Eisenach

Number: 284

Course: 6.00 km

Kurzstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 34:14

Speed: 10.52 km/h

Running performance: 5:43 min/km

Rank in course/Total: 26 (of 37)

Rank in course/Men: 16 (of 20)

Best time in course: 21:07

Rank in category: 4(of 4)

Best time in the category: 25:15