



## 19. Mihlaer Hainichlauf

Mihla / 01.05.2013

### Detailed evaluation

**Kästner, Günther**

Club: Erfurt  
Number: 460

Course: 13.00 km  
Walking, N.-Walking Mittelstrecke

Category:  
Männer

Total time: 1:40:17

Speed: 7.78 km/h  
Running performance: 7:43 min/km

Rank in course/Total: 3 (of 7)

Rank in course/Men: 3 (of 4)

Best time in course: 1:35:21

Rank in category: 3(of 4)

Best time in the category: 1:35:21