



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Sauerbrei, Rainer

Club: Spartakiade-Klub Eisenach

Number: 51

Course: 13.00 km

Mittelstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 53:58

Speed: 14.45 km/h

Running performance: 4:09 min/km

Rank in course/Total: 2 (of 90)

Rank in course/Men: 2 (of 67)

Best time in course: 53:46

Rank in category: 1(of 11)

Best time in the category: 53:58