



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Reise, Marcel

Club: SV Blau-Weiss 90 Creuzburg

Number: 49

Course: 13.00 km

Mittelstrecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:01:00

Speed: 12.79 km/h

Running performance: 4:41 min/km

Rank in course/Total: 19 (of 90)

Rank in course/Men: 18 (of 67)

Best time in course: 53:46

Rank in category: 4(of 11)

Best time in the category: 53:58