



19. Mihlaer Hainichlauf

Mihla / 01.05.2013

Detailed evaluation

Henning, Jürgen

Club: Spvgg Faulungen

Number: 89

Course: 13.00 km

Mittelstrecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:02:19

Speed: 12.52 km/h

Running performance: 4:47 min/km

Rank in course/Total: 27 (of 90)

Rank in course/Men: 26 (of 67)

Best time in course: 53:46

Rank in category: 2(of 10)

Best time in the category: 1:01:23