



35. Alteburglauf  
Arnstadt / 03.05.2013

## Detailed evaluation

Hohenstein, Laura

Club: Oskars Läufer  
Number: 121

Course: 3.50 km  
Jugendlauf

Category:  
weibliche Jugend W14 (14 Jahre)

Total time: 13:45

Speed: 13.09 km/h  
Running performance: 3:56 min/km

Rank in course/Total: 3 (of 22)  
Rank in course/Women: 2 (of 10)

Best time in course: 12:43

Rank in category: 1(of 3)  
Best time in the category: 13:45