



35. Alteburglauf  
Arnstadt / 03.05.2013

## Detailed evaluation

Eck, Lucas Hagen

Club: Motor Arnstadt  
Number: 116

Course: 3.50 km  
Jugendlauf

Category:  
männliche Jugend M14 (14 Jahre)

Total time: 15:10

Speed: 11.87 km/h  
Running performance: 4:20 min/km

Rank in course/Total: 9 (of 22)

Rank in course/Men: 6 (of 12)

Best time in course: 13:36

Rank in category: 2(of 4)

Best time in the category: 13:59