



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Hein, Lisa

Club: Katholische Laufjugend
Number: 119

Course: 3.50 km
Jugendlauf

Category:
weibliche Jugend U18 (16-17 Jahre)

Total time: 19:11

Speed: 9.38 km/h
Running performance: 5:29 min/km

Rank in course/Total: 21 (of 22)
Rank in course/Women: 9 (of 10)
Best time in course: 12:43

Rank in category: 5(of 5)
Best time in the category: 12:43