



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Moeller, Mathias

Club: LSV Lok Arnstadt
Number: 245

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 41:41

Speed: 14.39 km/h
Running performance: 4:10 min/km

Rank in course/Total: 16 (of 114)

Rank in course/Men: 15 (of 95)

Best time in course: 36:06

Rank in category: 3(of 18)

Best time in the category: 40:15

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 2.30 | 8:53 | 3:51 | 3 | 0:23 | 16 | 1:07 | 2.30 | 8:53 | 3:51 | 17 | | 59 | |
| Lap 2 | 3.80 | 16:46 | 4:24 | 3 | 0:24 | 14 | 2:08 | 6.10 | 25:39 | 4:12 | 17 | | 59 | |
| Last lap Finish | 3.90 | 16:02 | 4:06 | 3 | 0:51 | 16 | 2:40 | 10.00 | 41:41 | 4:10 | 3 | 1:26 | 15 | 5:35 |