



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Müller, Gerald

Club: LTV Erfurt
Number: 279

Course: 10.00 km
Hauptlauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 42:35

Speed: 14.09 km/h
Running performance: 4:16 min/km

Rank in course/Total: 19 (of 114)

Rank in course/Men: 18 (of 95)

Best time in course: 36:06

Rank in category: 1(of 13)

Best time in the category: 42:35

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.30	9:18	4:02	2	0:08	24	1:32	2.30	9:18	4:02	1	-	51	
Lap 2	3.80	17:22	4:34	1	-	17	2:44	6.10	26:40	4:22	1	-	56	
Last lap Finish	3.90	15:55	4:04	2	0:06	14	2:33	10.00	42:35	4:15	1	-	18	6:29