



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Petermann, Sebastian

Club: Kesselbrunnrunners
Number: 167

Course: 10.00 km
Hauptlauf

Category:
Senioren M30 (30-34 Jahre)

Total time: 44:35

Speed: 13.46 km/h
Running performance: 4:28 min/km

Rank in course/Total: 32 (of 114)

Rank in course/Men: 30 (of 95)

Best time in course: 36:06

Rank in category: 3(of 11)

Best time in the category: 38:19

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	2.30	9:42	4:13	5	1:34	35	1:56	2.30	9:42	4:13	3	1:31	91		
Lap 2	3.80	18:07	4:46	3	2:38	28	3:29	6.10	27:49	4:33	3	4:09	91		
Last lap Finish	3.90	16:46	4:17	4	2:07	30	3:24	10.00	44:35	4:27	3	6:16	30	8:29	