



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Schreier, Konrad

Club: SG Motor Arnstadt
Number: 186

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 48:16

Speed: 12.43 km/h
Running performance: 4:50 min/km

Rank in course/Total: 58 (of 114)

Rank in course/Men: 54 (of 95)

Best time in course: 36:06

Rank in category: 3(of 5)

Best time in the category: 41:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.30	10:27	4:32	3	1:49	52	2:41	2.30	10:27	4:32	3	1:49	19	
Lap 2	3.80	19:35	5:09	3	2:51	51	4:57	6.10	30:02	4:55	3	4:40	19	
Last lap Finish	3.90	18:14	4:40	4	2:16	58	4:52	10.00	48:16	4:49	3	6:56	54	12:10