



35. Alteburglauf  
Arnstadt / 03.05.2013

Detailed evaluation

Jacobi, Jan

Club: Arnstadt  
Number: 149

Course: 10.00 km  
Hauptlauf

Category:  
Männer (20-29 Jahre)

Total time: 48:34

Speed: 12.35 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 64 (of 114)

Rank in course/Men: 57 (of 95)

Best time in course: 36:06

Rank in category: 12(of 13)

Best time in the category: 36:06

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.30	10:52	4:43	12	3:06	68	3:06	2.30	10:52	4:43	12	3:06	4	0:07
Lap 2	3.80	19:40	5:10	11	4:47	54	5:02	6.10	30:32	5:00	12	7:53	16	
Last lap Finish	3.90	18:02	4:37	12	4:35	54	4:40	10.00	48:34	4:51	12	12:28	57	12:28