



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

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Club: ThSV 1886 Geschwenda
Number: 132

Course: 10.00 km
Hauptlauf

Category:
Frauen (20-29 Jahre)

Total time: 50:33

Speed: 11.87 km/h
Running performance: 5:04 min/km

Rank in course/Total: 76 (of 114)

Rank in course/Women: 10 (of 19)

Best time in course: 41:01

Rank in category: 4 (of 6)

Best time in the category: 41:01

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|--------------|-----------------|---------------|---------------|-----------------|-------------|----------------|--------------|-----------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Lap 1 | 2.30 | 10:34 | 4:35 | 3 | 2:05 | 9 | 2:05 | 2.30 | 10:34 | 4:35 | 4 | 2:05 | 1 | - |
| Lap 2 | 3.80 | 21:19 | 5:36 | 4 | 4:45 | 10 | 4:45 | 6.10 | 31:53 | 5:13 | 4 | 6:50 | 1 | - |
| Last lap Finish | 3.90 | 18:40 | 4:47 | 4 | 2:42 | 9 | 2:42 | 10.00 | 50:33 | 5:03 | 4 | 9:32 | 10 | 9:32 |