



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Cazin, Ulrich

Number: 241

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:24

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course/Total: 80 (of 114)

Rank in course/Men: 70 (of 95)

Best time in course: 36:06

Rank in category: 5(of 5)

Best time in the category: 41:20

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 2.30 | 11:20 | 4:55 | 5 | 2:42 | 76 | 3:34 | 2.30 | 11:20 | 4:55 | 5 | 2:42 | 3 | 0:35 |
| Lap 2 | 3.80 | 20:34 | 5:24 | 5 | 3:50 | 65 | 5:56 | 6.10 | 31:54 | 5:13 | 5 | 6:32 | 3 | 1:11 |
| Last lap Finish | 3.90 | 19:30 | 5:00 | 5 | 3:32 | 71 | 6:08 | 10.00 | 51:24 | 5:08 | 5 | 10:04 | 70 | 15:18 |