



35. Alteburglauf
Arnstadt / 03.05.2013

Detailed evaluation

Cazin, Ulrich

Number: 241

Course: 10.00 km
Hauptlauf

Category:
Senioren M55 (55-59 Jahre)

Total time: 51:24

Speed: 11.67 km/h
Running performance: 5:08 min/km

Rank in course/Total: 80 (of 114)

Rank in course/Men: 70 (of 95)

Best time in course: 36:06

Rank in category: 5(of 5)

Best time in the category: 41:20

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	2.30	11:20	4:55	5	2:42	76	3:34	2.30	11:20	4:55	5	2:42	3	0:35
Lap 2	3.80	20:34	5:24	5	3:50	65	5:56	6.10	31:54	5:13	5	6:32	3	1:11
Last lap Finish	3.90	19:30	5:00	5	3:32	71	6:08	10.00	51:24	5:08	5	10:04	70	15:18