



# 35. Alteburglauf

Arnstadt / 03.05.2013

## Detailed evaluation

**Sthamer, Lukas**

Club: TSV Zella Mehliis  
Number: 193

Course: 10.00 km  
Hauptlauf

Category:  
männliche Jugend U18 (16-17 Jahre)

Total time: 54:57

Speed: 10.92 km/h  
Running performance: 5:30 min/km

Rank in course/Total: 95 (of 114)

Rank in course/Men: 83 (of 95)

Best time in course: 36:06

Rank in category: 5(of 5)

Best time in the category: 36:26

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	2.30	12:12	5:18	5	3:46	87	4:26	2.30	12:12	5:18	5	3:46	40	1:27
Lap 2	3.80	23:00	6:03	5	8:22	85	8:22	6.10	35:12	5:46	5	12:08	40	4:29
Last lap Finish	3.90	19:45	5:03	5	6:23	76	6:23	10.00	54:57	5:29	5	18:31	83	18:51