



33. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 04.05.2013

Detailed evaluation

Esche, Karsten

Club: LSV Lok Arnstadt
Number: 652

Course: 19.00 km
Großer Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:36:43

Speed: 11.79 km/h
Running performance: 5:05 min/km

Rank in course/Total: 33 (of 57)

Rank in course/Men: 30 (of 46)

Best time in course: 1:10:40

Rank in category: 7(of 10)

Best time in the category: 1:25:01