



33. Silberberglauf Möhrenbach
Möhrenbach/ Thüringen / 04.05.2013

Detailed evaluation

Siebenhaar, Volker

Club: Ilmenau
Number: 707

Course: 19.00 km
Großer Lauf

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:45:31

Speed: 10.80 km/h
Running performance: 5:33 min/km

Rank in course/Total: 49 (of 57)

Rank in course/Men: 41 (of 46)

Best time in course: 1:10:40

Rank in category: 9(of 10)

Best time in the category: 1:25:01